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Press Release - *updated*

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FOR IMMEDIATE RELEASE
September 27, 2012

TOP CHEF COMPETITION ON THE CENTRAL COAST

TEMPLETON, CA (September 27, 2012): With Harvest Wine Weekend coming up in October, the Central Coast will be a lively place. The Wellness Kitchen and Resource Center adds to the festivities with **live music, delicious food, local wine and a silent auction** during their 2nd Annual Fundraiser, **"S.O.U.L. Food Cook-off: A Top Chef Competition" on Thursday, October 18th from 5:30pm-8:30pm at Idler's Appliances in Paso Robles.**

Three of our most **distinguished local chefs** (shown below) will be participating in this inaugural competition; all of whom are former students of our Top Chef Judge, Phillip Riccomini, founder of Culinary Arts Academy in Paso Robles.

Jeremiah Bradley
of Farmstand 46

Alex Martin
of Crush Catering

Thomas Drahos
of Fenomenal

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Emcee for the event is radio personality, Jeff Bradley of The Jeff Bradley Show AM 920 KVEC.

Each Top Chef will have one hour and the assistance from a Teen Culinary Student to **create a signature dish using only fresh, locally provided ingredients** supplied in a basket (along with basic pantry items). A panel of judges will taste and select the winner of the cook-off competition.

Throughout the evening, guests will enjoy:

- Catering by The Wellness Kitchen
- local biodynamic-farmed wine
- live music and
- silent auction

Tickets are $50 and available at www.TheWKRC.org and Idler's in Paso Robles. Donations for the event are graciously accepted in the form(s) of financial support, gift of a silent auction item or in-kind donation for services, equipment or supplies. All donations are tax deductible.

Founded in October 2010, The Wellness Kitchen and Resource Center (TheWKRC) is a nonprofit organization located in Templeton, CA. TheWKRC is devoted to providing the community education, support and resources on the value of healing through nutrition as well as providing weekly food programs for clients with cancer, other chronic/acute illnesses and/or to sustain general wellness. For more information on The Wellness Kitchen, please call 805-434-1800, email info@thewkrc.org or visit www.TheWKRC.org.

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